



Four Day Ulladulla Itinerary – Couples Getaway

Day 1



Famous for its seafood and picturesque harbour, prepare to be amazed by gourmet delights and the natural beauty of the surrounding landscape.

- Arrive by 10am (3 hours from Sydney and 2 and a half hours from Canberra) to start your day by popping into Ulladulla's bustling main street for breakfast at wholefoods café **Treehouse** and watch the harbour come alive.
- Check into your accommodation at luxury hotel stay **Bannisters By The Sea** in Mollymook. Perched cliff-top with sprawling ocean views, an infinity pool and award-winning bar Bannisters by the Sea is a stunning coastal retreat.
- Waking to panoramic romantic ocean views doesn't get much better than from your accommodation, if it's low tide after breakfast, then close by is the **Gondwana Fossil Walk**. This takes in the rocky foreshore on the southern side of the harbour near the ocean sea pool and can be done as a guided walk or self-guided experience. Head to the **Visitor Centre** for information and bookings.
- A little bit of retail therapy is a great way to transition to lunch and there are lots of specialty stores including **SLOW A Handmade Collective** in Ulladulla showcasing five local women with ethical handmade products for you to grab a wonderful (and sustainable) gift for yourself.
- A visit out to the 1873 **Warden Head Lighthouse** is a must just a short 5-minute drive from town. Before you reach the lighthouse stop into the famous **Hayden's Pies** for a takeaway lunch to enjoy from the **Ulladulla lighthouse lookout** with pot roast to crocodile pies available to purchase you will be surprised by what you find (and enjoy) on the menu!
- Enjoy a little pre dinner cocktail back at the Bannisters poolside bar before your dinner reservation at the amazing **Rick Steins Restaurant** right there at your hotel.



Day 2



- Today is the day for adventure up high in the Budawang Ranges. But first – breakfast. Stop for a wholesome meal at **Milk Haus**. The café is situated in an old cheese factory and serves wholefood dishes delivered fresh from their kitchen garden, perfect to load you up on energy for the day ahead.
- Time to conquer, **Pigeon House Didthul Mountain**, an iconic feature in the Ulladulla landscape and a spiritual place on country in **Morton National Park**. The walk is accessed off Pigeon House Road and is approximately a 5-kilometre return walk taking you to an amazing lookout at an elevation of 720 metres. Be sure to take water, snacks, and your camera! If you are not a confident hiker or would like more history tales whilst on the trail, then **Big Nature Adventures** can offer a guided experience tailored to you. If you are up for a greater couple challenge Big Nature Adventures can guide you on full day rock climbing and abseiling experience from the Ulladulla area.
- After your return to sea level an afternoon dip in the salt water could be just what the legs need and **Bogey Hole** Mollymook rock pools is the perfect spot to enjoy a quick dip and snorkel if the tide is right.
- On your way back through Milton a visit to the freshly renovated **Milton Hotel** is a great place to quench your thirst. The onsite brewery **Dangerous Ales** has some tasty local flavours to sample from lagers, to pales, to sours and everything in between.
- Book a table for dinner at the new kid in town, **Gwylo** for some delicious Asian street eats, classic tunes and unique cocktails and let the atmosphere top off a huge day of exploring.



Day 3



- A quick drive after an early morning wakeup will land you at **Lagom Bakery** with fresh bread and pastries to pack for your day out on the water. Whilst you are there check out **Dolphin Point Reserve** for a spectacular view over the inlet and surf break.
- Today you are taking a surf lesson from World Champion, **Pam Burridge** offering individual and group lessons catering for all skill levels at Narrawallee and Mollymook Beaches.
- If fishing is more your thing then **Ulladulla Fishing Charters** can get you onto some big game in the deep sea or if you prefer underwater exploration then **Ulladulla Dive and Adventure** will show you the amazing marine life of the South Coast from seals to dolphins to **whales** (seasonally) (May – November) and everything weird and wonderful in-between.
- **Cupitts Winery** awaits for long lunch and a cellar door tasting. You can book a table at the restaurant or enjoy a selection of grazing plates, cheese platters or pizzas in a relaxed setting on your own picnic rug overlooking the vineyard. Cupitts create not only their own award-winning wines but also a range of beers and artisan cheeses.
- Take some time to relax at Bannisters headland by the infinity pool before you venture into town for an evening of Mexican street eats and delicious cocktails at **The Ruse** watching the sunset on a perfect day over Ulladulla Harbour.



Day 4



- After all those jam-packed days of fun, start the day a little slower with a yoga class with **Om Sweet Om** at Milton. Om Sweet Om is an intimate studio space tucked away upstairs in the heart of Milton for everyone to access tranquillity and awareness to connect with themselves and their yoga practice during their stay.
- After a grounding yoga class, stop by **Peach café** to enjoy locally sourced goods in a plant-filled space for breakfast from coconut waffles to the classic avocado on toast. If you are lucky (and are there early) locally grown posies will be available to purchase to take home and remind you of your little holiday to South Coast NSW.
- Peruse the Milton strip for the afternoon, known for its art scene and local wares so take some time to enter the many stores where you will come across locally made arts and crafts alongside stunning homeware shops.
- Before lunch, stop by **Van Rensburg gallery** for a look at the monthly rotating exhibitions featuring local and national artwork for your purchasing pleasure.
- Lunch at **Pilgrims Milton** will set you up nicely for a session of stand up paddle boarding at **Narrawallee inlet** with **Coastal Paddle Surf** followed by a stroll around **Narrawallee Inlet walking track**. A moderate 9-kilometre loop offering great bird watching!
- If you want to head out of town for the afternoon then a visit to the pristine beaches of **Bendalong** for a surf, or a guided tour of the Inlet at Lake Conjola with **Kotahi Tourism** is a great way to get a big picture view of the South Coast.
- Chuck in a couples massage, luxurious treatment, and a steam at the **Bannisters Day Spa** to truly rest, relax and re-charge before you hit the road home.

Leave feeling exhilarated from the adventure but relaxed from the laid-back coastal energy of Ulladulla.

For all this and more, visit shoalhaven.com or ulladulla.info/